Actually, no! Studies show that HALF the people who had heart attacks had NORMAL cholesterol levels.1 You see, cholesterol is carried by particles or containers in the blood called lipoproteins. If you have too many of these particles they can build up in your arteries and cause heart disease.

Since cholesterol is carried inside lipoprotein particles, it is helpful to think of cholesterol as a passenger and the lipoprotein particle as a vehicle. It’s not the number of passengers that causes a traffic jam... it’s the number of vehicles! Similarly, it’s not the amount of cholesterol that causes heart disease - it’s the number of lipoprotein particles! Only the NMR LipoProfile® test actually counts the number of lipoprotein particles.

The higher the number of lipoprotein particles in your blood, the greater the risk you have for developing Coronary Heart Disease.1

The NMR LipoProfile® test measures your risk for heart disease more accurately than a standard cholesterol test.

Be sure - because it is treatable. Get your NMR LipoProfile test today.

1. Kannel, WB. *Am J Cardiol* 1995;69C-77C.
Understanding Your NMR LipoProfile® Test Results

Thank you for having a NMR LipoProfile test done! The results of your test provide information about your heart health that you and your clinician can use to make more informed decisions about your risk for heart disease. It is important to monitor your progress by repeating the NMR LipoProfile test, at least once every six months.

Section One: Your LDL Particle Numbers

Your LDL-P number is the most important value of the NMR LipoProfile report. The lower this number is, the less risk you face. Your LDL-P number can range from less than 1000 to more than 2000 nmol/L. Based on this number and your medical history, your doctor can advise you on a treatment plan designed to reduce your score to a low-risk level.

Section Two: Your Lipids

Your lipid panel is a regular cholesterol test. It is made up of four values: LDL-C (“bad” cholesterol), HDL-C (“good” cholesterol), triglycerides and total cholesterol.

Final Assessment: My Risk Level for Heart Disease is...

The number that is higher (LDL-P or LDL-C) should determine your overall risk.

DATE

PHYSICIAN COMMENTS – TREATMENT ACTION PLAN

REPEAT NMR LIPOPROFILE TEST IN...

WEEKS □ MONTHS □